



CBYA Hobie Cat - info before sailing 2023

What to bring?

- Drinking water
- Shoes (tennis, surf, dive booties)
- Sunscreen lotion
- Sunglasses
- Sailing gloves
- Life jacket (or the rental will provide one)
- Change of clothes
- Cash to pay your skipper
- Facemask (when mandatory because of Covid).

You will get wet to hip or waist height when wading out to board the cat & whilst sailing. Use a cord on your (sun)glasses and cap. Each cat has 1 trapeze harness. Wear longer shorts or surf pants under the trapeze. Some people like to wear neoprene pants and waterproof or water repellent shirts. You can put some things (like a small bottle of water) in a small locker in the hull of the cat, but it's not waterproof.

Safety info

- **Hobie cat sailing is a physical sport:** you have to be able to move around and balance the cat with your weight. You need to be able to climb on board in case of capsizing. Make sure you tell your skipper before sailing in case you can't swim or are affected by any disability. It is the skipper's decision if it's safe to take you out.
- **First time CBYA cat sailing?** Tell your skipper a bit about your sailing experience in general, and on catamarans.
- **Buoyancy aids have to be worn at all times** The rental has life jackets in different sizes. Wear a T shirt underneath, or bring your own life jacket.
- If you **capsize stay with the boat** Under no circumstances try and swim to the shore.
- A **cat is easy to upright** - the skipper and most experienced sailor will take care of it, while the others stay close to the front of the cat, hold on to it until you can climb back on board. Avoid the area where you can get under a hull. The skipper will demonstrate this with a model before sailing. In case you get under the sail, don't panic, stretch your arm up to create a big airhole and look around how to get away.
- When the **safety boat** comes to your assistance, listen and do as you are told. Hold on to the cat, don't swim to the safety boat, they have revolving propellers.
- If a skipper falls overboard, the most experienced sailor does a **MOB** (a man overboard) recovery manoeuvre or 'heave to' (back the jib, ease the traveller and main, steer upwind) then the cat lies still in the water, and the skipper swims back.
- Be **aware of swimmers** and paddle boarders going out and returning, especially in the channel near the shore. Warn the skipper if you are not sure he has seen them.
- When sailing in or out, the shallow beach or rocks are a **no-go area**, it is marked by yellow buoys. Sail out to the sea between the red and green buoy.



- **Change of weather?** If the wind increases or sea conditions become too difficult, don't chance it, return to shore. Respect the skipper's decision.
- The CBYA Committee strongly recommends that all members **purchase their own insurance** which will cover them for any CBYA sailing activity. The Real Club Nautico Calpe provides insurance for a year or day's sail. If you prefer to rely on your own insurance you need to sign a Civic Liability Insurance Waiver (see: https://cbya.org/wp-content/uploads/2023/06/Civic-Liability-Waiver-Form_2023.pdf), please hand the signed form to your skipper before sailing.

Practical info

- **Where?** Las Antipodas Watersports Center: www.lasantipodas.com/Elocaliza.htm
Take the coastal Moraira to Calpe road, and the sharp turn off to the sea at km 2,5.
- **Parking** space is limited in the harbour, often the nearby c/partida Basetes is better. Whilst sailing we leave our stuff in the closest parked car, and the car keys at the desk of the Hobie Cat rental.
- We sail on 17ft **Hobie Getaways every Friday in July and August**. An experienced CBYA sailor acts as cat skipper with 2 or 3 crew.
After the summer we return in September to dinghy sailing in Moraira.
- **Meet at 3 pm sharp for briefing & paying**. We assemble at the terrace of the Coral Beach restaurant. Between 3pm till 3.25 pm we talk about safety, i.e., what to do if a cat capsizes, your sailing experience, membership and crews distributed among cats.
- **Pay your skipper 30 Euro cash** before sailing for the two hours of catamaran rental. Life jackets and 1 trapeze for each cat are issued and included in the price.
- There is **no shower facility**, you can only change in the toilet. **Be ready to board the cat**, wearing your life jacket, **at 3.25 pm**. The cats are rigged and ready to go. **We sail between 3.30 - 5.30 pm**. We have **drinks afterwards** with a lovely view of the Peñon.
- **Signing up procedure:** we send out an **email, sign up by latest midday Tuesday** using the on line CBYA replying system. Signing up is on first come - first go basis, and experience of sailors. Don't wait too long as the 3 cats fill up quickly. We confirm the rental on Tuesday afternoon. Sorry, but if you don't show up on Friday afternoon, you may prevent someone else to sail and you have to pay anyway!
- We use the **CBYA Hobie Cat Whatsapp group** for last minute messages, and we post photos after sailing on the group, as well as on the CBYA Facebook group. John can make you a member of the Whatsapp group.
Friday always check our Hobie Cat Whatsapp group before leaving home! - in case of cancellation by the rental, due to too much or too little wind.

The above is not meant to be complete or comprehensive, it is the minimum knowledge to help everyone to safely enjoy CBYA Hobie Cat sailing.

Questions?

- Call / Whatsapp **John Mackney** the CBYA Chairman +34 711 02 4570.
- Take a look at the CBYA website: <https://cbya.org/sailing/hobie-cats/>

Enjoy!

MN 24 June 2023